

# Prestige

## Prone Leg Curl

21-piece strength line provides a premium option for facilities seeking an exceptionally versatile, user-friendly, biomechanically correct solution for “walkup and workout” users.

### FEATURES

- **Optional Range Limiting Device:** Lets users choose a comfortable starting position, while ensuring the resistance profile is always optimal.
- **Forearm pads and hip pad angle:** Encourage proper spine alignment and minimizes back stress.
- **Leg pad positioning:** Intuitive and virtually effortless.

### USER AMENITIES



- **Placards:** Review proper set-up, movement and muscles trained. QR codes provide access to step-by-step videos demonstrating correct form and multiple exercise options.



- **Smartphone/tablet holder:** Your mobile device is safe and secure with our adjustable clip, designed for all smartphones and tablets. Simply clip in and go.



- **Water bottle/towel holder:** Keep your water and towel within arm's reach with our convenient water bottle and towel holder, standard on every Prestige machine.



- **Twist select incremental weight system:** Allows user to adjust weight quickly and simply in 5 pound increments.



### SPECIFICATIONS

Product Number	21140
Dimensions L x W x H	77" x 39" x 58" (195 cm x 99 cm x 162 cm)
Standard Stack	165 lb (75 kg)
Heavy Stack	205 lb (93 kg)
Standard Weight	475 lb (216 kg)
Heavy Weight	515 lb (234 kg)
Color	Available in 15 frame colors or a virtually unlimited variety of custom colors, 33 upholstery colors and 4 enclosure styles

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**WORLD HEADQUARTERS**  
10 Trotter Drive · Medway · MA 02053 USA  
T + 1.508.533.4300 · F + 1.508.533.5500  
[cybexintl.com](http://cybexintl.com)

**CYBEX INTERNATIONAL UK LTD**  
Premier House · Beveridge Lane  
Bardon Hill · Coalville · LE67 1TB UK  
T + 44.845.606.0228 · F + 44.845.606.0227

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